

Student Success Workshop Schedule Spring 2015

January

Blackboard Orientation

When: Wednesday, January 21st, from 3:00 p.m. - 4:00 p.m.

Location: D2430G

Contact: Douglas Johnson (708) 235-7698

Do you have questions about the Discussion Board? Not sure how to submit an assignment? This workshop will give a better understanding of how to use Blackboard and whom to contact if you have questions.

New Year, New Me: Welcome to Student Enrichment Program (SEP)

When: Thursday, January 22nd, from 3:30 p.m. - 4:30 p.m.

Location: A2150

Contact: SEP at Ext. 2845 or sep@govst.edu

Participants will learn about the Student Enrichment Program as well as engage in activities to reflect and establish realistic personal and academic goals for the semester.

Winning Essays for Scholarships and Graduate School Admission

When: Monday, January 26th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Michael Alexander, Writing Center Consultant (708) 235-7337

Are you thinking about applying for a scholarship? Need to write an essay for admission to graduate school? Boost your chances with a winning essay. Showcase your strengths and talents so the selection committee will be certain that you are the best choice. This workshop will offer the “dos and don’ts” for writing a good essay, help you develop a plan, and provide sources for further one-on-one help during the process.

First Year Academic Recovery Plan 101

When: Monday, January 26th from 12:00 p.m. – 12:45 p.m.

Tuesday, January 27th from 3:15 p.m. - 4:00 p.m.

Wednesday, January 28th from 12:00 p.m. – 12:45 p.m.

Thursday, January 29th from 3:15 p.m. - 4:00 p.m.

Friday, January 30th from 12:00 p.m. – 12:45 p.m.

Location: Academic Resource Center, B1215

Contact: Amy Comparon, arc@govst.edu

Are you a freshman and have been placed on Academic Probation? This workshop is an overview of the Academic Recovery Process and gives students insight on what they need to know to be successful. All first year academic probation students are required to attend.

Finding Your Focus

When: Wednesday, January 28th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Sometimes getting started with your paper is the hardest part; we offer tips for analyzing your assignment so that you are heading in the right direction, discuss brain-storming ideas, and helping you determine the significance of your ideas.

Academic Recovery Plan 101

When: Thursday, January 29th, from 3:15 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Amy Comparon, arc@govst.edu

Have you been placed on Academic Probation? Do you know what to do next? This workshop is an overview on the Academic Recovery Process and gives students insight of what they need to know to be successful.

February

Winning Essays for Scholarships and Graduate School Admission

When: Monday, February 2nd, from 3:00p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Michael Alexander, Writing Center Consultant (708) 235-7337

Are you thinking about applying for a scholarship? Need to write an essay for admission to graduate school? Boost your chances with a winning essay. Showcase your strengths and talents so the selection committee will be certain that you are the best choice. This workshop will offer the “dos and don’ts” for writing a good essay, help you develop a plan, and provide sources for further one-on-one help during the process.

Writing Strong Discussion Board Posts, Reflections, Critical Reviews, and Essays

When: Tuesday, February 3rd, from 3:00p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: April Moran, Writing Center Consultant (708) 235-7337

Boost the power of your more “informal” class writing with this workshop. Discussions of the resources available, plans for approaching the writing, and ways to power them up will lead to making your contributions really count.

Stress-ED

When: Tuesday, February 3rd, from 3:15p.m. - 4:00 p.m.

Location: TBD

Contact: Lily Cahnman 708-235-4119 lcahnman@govst.edu

What is stress anyway? Stress can be an inevitable part of college life. So, how can we make stress your friend? Join us to learn about a new way to look at stress. Together we will be watching a brief video discussing some misconceptions about stress and learn the biology behind stress. This is the first in a series of 3 workshops focused on addressing and relieving stress.

Organizing Your Paper

When: Wednesday, February, 4th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Whether you call it “flow”, coherence, or logical order, your writing needs to follow some sort of plan as you move from one thought to another. We’ll talk about how to put your paper together so that the reader may follow your thoughts easily.

Blackboard Orientation

When: Wednesday, February 4th, from 3:00 p.m. - 4:00 p.m.

Location: D2430G

Contact: Douglas Johnson (708) 235-7698

Do you have questions about the Discussion Board? Not sure how to submit an assignment? This workshop will give a better understanding of how to use Blackboard and whom to contact if you have questions.

Winning Essays for Scholarships and Graduate School Admission

When: Monday, February 9th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Michael Alexander, Writing Center Consultant (708) 235-7337

Are you thinking about applying for a scholarship? Need to write an essay for admission to graduate school? Boost your chances with a winning essay. Showcase your strengths and talents so the selection committee will be certain that you are the best choice. This workshop will offer the “dos and don’ts” for writing a good essay, help you develop a plan, and provide sources for further one-on-one help during the process.

Writing Strong Discussion Board Posts, Reflections, Critical Reviews, and Essays

When: Tuesday, February 10th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: April Moran, Writing Center Consultant (708) 235-7337

Boost the power of your more “informal” class writing with this workshop. Discussions of the resources available, plans for approaching the writing, and ways to power them up will lead to making your contributions really count.

Developing Your Ideas

When: Wednesday, February 11th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Too much information? Your reader will be bored. Not enough? Your reader will be confused. Learn how to develop your writing so that you give your reader just the right amount of information.

Communication

When: Wednesday, February 11th, from 3:15 p.m. - 4:00 p.m.

Location: TBD

Contact: Katie Springfield 708-534-7890 kspringfield2@govst.edu

Communication is vital for success in most relationships. Whether those relationships be friendly, loving, or professional, communicating effectively is necessary. Enhancing your communication skills also work toward greater problem solving, conflict resolution, and

interpersonal satisfaction. This workshop will provide strategies to help you foster effective communication skills.

Online Library Resources: I-Share Catalog and E-Books

When: Monday, February 16th from 3:00 until 4:15 p.m.

Location: Library Room D2401A

Contact: Linda Geller, lgeller@govst.edu

Students need more than websites to develop papers and research. Each workshop will demonstrate how to use the I-Share Catalog to find GSU Library materials and request books from other university libraries. We will show you how to create your personal I-Share account, explain how to retrieve e-books, and review other features of the library catalog.

Time Management for the Busy Student

When: Monday, February 16th, from 3:15 p.m. - 4:00 p.m.

Location: TBD

Contact: Lily Cahnman 708-235-4119 lcahnman@govst.edu

Join us to learn how to accomplish your goals by making a realistic action plan and evaluating your progress. Together, we will discuss ways to organize your time to feel less stressed.

Online Library Resources: I-Share Catalog and E-Books

When: Tuesday, February 17th from 3:00 until 4:15 p.m.

Location: Library Room D2401A

Contact: Linda Geller, lgeller@govst.edu

Students need more than websites to develop papers and research. Each workshop will demonstrate how to use the I-Share Catalog to find GSU Library materials and request books from other university libraries. We will show you how to create your personal I-Share account, explain how to retrieve e-books, and review other features of the library catalog.

Finishing Touches

When: Wednesday, February 18th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Wait! Don't turn that paper in yet! We can offer editing and proofreading tips that will take your final version from just ok to excellent.

Online Library Resources: Databases and Journal Articles

When: Monday, February 23rd from 3:00 until 4:15 p.m.

Location: Library Room D2401A

Contact: Linda Geller, lgeller@govst.edu

Students need more than websites to develop papers and research. Each workshop will demonstrate how to select library databases relevant to your paper topics or assignments. We will show common search strategies for all databases, explain how to interpret journal article records, and review other database features.

Online Library Resources: Databases and Journal Articles

When: Tuesday, February 24th from 3:00 until 4:15 p.m.

Location: Library Room D2401A

Contact: Linda Geller, lgeller@govst.edu

Students need more than websites to develop papers and research. Each workshop will demonstrate how to select library databases relevant to your paper topics or assignments. We will show common search strategies for all databases, explain how to interpret journal article records, and review other database features.

Self-Care

When: Tuesday, February 24th, from 3:15 p.m. - 4:00 p.m.

Location: TBD

Contact: Lily Cahnman 708-235-4119 lcahnman@govst.edu

Life can become stressful quickly, and rewarding activities can be the first things to go. Come join us to learn more about finding balance in life and discuss ways of dividing time and energy to give you a sense of fulfillment and completeness.

Finding Your Focus

When: Wednesday, February 25th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Sometimes getting started with your paper is the hardest part; we offer tips for analyzing your assignment so that you are heading in the right direction, discuss brain-storming ideas, and helping you determine the significance of your ideas.

Knowing When to Say No

When: Thursday, February 26th, from 3:30 p.m. - 4:30 p.m.

Location: A2150

Contact: SEP at Ext. 2845 or sep@govst.edu

Participants will develop ways to maintain a healthy balanced lifestyle that promotes excellence in the areas of personal and academic responsibility to maximize their potential and enhance relationships.

March

Writing Strong Discussion Board Posts, Reflections, Critical Reviews, and Essays

When: Tuesday, March 3rd, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: April Moran, Writing Center Consultant (708) 235-7337

Boost the power of your more “informal” class writing with this workshop. Discussions of the resources available, plans for approaching the writing, and ways to power them up will lead to making your contributions really count.

Organizing Your Paper

When: Wednesday, March 4th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Whether you call it “flow”, coherence, or logical order, your writing needs to follow some sort of plan as you move from one thought to another. We’ll talk about how to put your paper together so that the reader may follow your thoughts easily.

Etiquette Series: Communication and Networking Etiquette Workshop

When: Wednesday, March 4, 2015 from 6:00 p.m. – 7:00 p.m.

Location: TBD

Contact: Janet Wolske at jwolske@govst.edu

This is a chance for our students to learn, first hand, those important etiquette skills they will need when meeting potential clients and/or employers. The skills learned at this workshop will continue to serve them well into their future.

Stress-ED

When: Monday, March 9th, from 3:15p.m. - 4:00 p.m.

Location: TBD

Contact: Lily Cahnman 708-235-4119 lcahnman@govst.edu

So you know that you’re stressed, now what? Together we will discuss ways to decrease stress by facing worries directly and practicing guided imagery, mindfulness, and relaxation techniques to help you manage your stress more effectively. This is the second stress-related workshop in a series of 3 workshops.

The APA Research Paper Workshop Series: Getting Started

When: Monday, March 9th, from 6:00 p.m. - 7:00 p.m.

Location: Academic Resource Center B1215

Contact: Gina Kelly, Writing Center Consultant (708) 235-7337

Make a plan and make the grade! This workshop will show you how to find the resources that you need to write an almost stress-free research paper. Included will be discussions of analyzing the assignment to make certain your paper is on target; APA documentation styles and where to find the templates and information that make it so much easier; and the importance of developing a focus statement to make organizing the paper a snap.

Writing Strong Discussion Board Posts, Reflections, Critical Reviews, and Essays

When: Tuesday, March 10th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: April Moran, Writing Center Consultant (708) 235-7337

Boost the power of your more “informal” class writing with this workshop. Discussions of the resources available, plans for approaching the writing, and ways to power them up will lead to making your contributions really count.

Developing Your Ideas

When: Wednesday, March 11th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Too much information? Your reader will be bored. Not enough? Your reader will be confused. Learn how to develop your writing so that you give your reader just the right amount of information.

Finishing Touches

When: Wednesday, March 18th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Wait! Don't turn that paper in yet! We can offer editing and proofreading tips that will take your final version from just ok to excellent.

The APA Research Paper Workshop Series: Mastering APA Documentation Style

When: Monday, March 23rd, from 6:00 p.m. - 7:00 p.m.

Location: Academic Resource Center B1215

Contact: Gina Kelly, Writing Center Consultant (708) 235-7337

From templates to make formatting a snap, crediting sources in your paper, to following rules about contractions, this workshop will help you navigate APA formatting and style. If APA makes you nervous, come to this workshop!

Etiquette Series: Professional Etiquette Luncheon

When: Tuesday, March 24, 2015 from 11:30 a.m. – 1:00 p.m.

Location: TBD

Contact: Janet Wolske at jwolske@govst.edu

This is a chance for our students to learn, first hand, those important etiquette skills they will need when meeting potential clients and/or employers. First impressions are very important, and we want our students to be prepared to make a positive first impression in whatever type of setting they find themselves; personal, professional, or otherwise. The skills learned at this etiquette luncheon will continue to serve them well into their future.

Save My Semester

When: Tuesday, March 24, 2015, from 3:15 p.m. – 4:15 p.m.

Location: Academic Resource Center, B1215

Contact: Amy Comparon at arc@govst.edu

Save My Semester is designed to assist First Year students who may not meet his or her academic goals by midterm. The workshop focuses on helping students self-identify distractions and challenges, develop an action plan to get back on track, set goals, and learn about GSU policies. Students will be provided with additional resources to help achieve their newly created goals. Please email to reserve a seat.

Stress-ED

When: Tuesday, March 24th, from 3:15p.m. - 4:00 p.m.

Location: TBD

Contact: Lily Cahnman 708-235-4119 lcahnman@govst.edu

What do you feel when you think of the word “stress”? Your thoughts alone can trigger so many overwhelming feelings. Together we will discuss ways to recognize how your thoughts influence emotions, physical sensations, and behaviors, assess distressing thoughts, and address these thoughts appropriately so that you may feel less overwhelmed. This is the final stress-related workshop in a series of 3 workshops.

Finding Your Focus

When: Wednesday, March 25th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Sometimes getting started with your paper is the hardest part; we offer tips for analyzing your assignment so that you are heading in the right direction, discuss brain-storming ideas, and helping you determine the significance of your ideas.

Save My Semester

When: Wednesday, March 25, 2015 from 1:30 p.m. – 2:30 p.m.

Location: Academic Resource Center, B1215

Contact: Amy Comparon at arc@govst.edu

Save My Semester is designed to assist First Year students who may not meet his or her academic goals by midterm. The workshop focuses on helping students self-identify distractions and challenges, develop an action plan to get back on track, set goals, and learn about GSU policies. Students will be provided with additional resources to help achieve their newly created goals. Please email to reserve a seat.

Save My Semester

When: Thursday, March 26th 2015, from 3:15 p.m. – 4:15 p.m.

Location: Academic Resource Center, B1215

Contact: Amy Comparon at arc@govst.edu

Save My Semester is designed to assist First Year students who may not meet his or her academic goals by midterm. The workshop focuses on helping students self-identify distractions and challenges, develop an action plan to get back on track, set goals, and learn about GSU policies. Students will be provided with additional resources to help achieve their newly created goals. Please email to reserve a seat.

There's Nothing Minor about Your Major

When: Thursday, March 26th, from 3:30 p.m. - 4:30 p.m.

Location: A2150

Contact: SEP at Ext. 2845 or sep@govst.edu

Participants will share their process in selecting a major and learn strategies on how to create opportunities to enrich their experience for future success to assess if their major is the right fit.

April

Organizing Your Paper

When: Wednesday, April 1st, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Whether you call it “flow”, coherence, or logical order, your writing needs to follow some sort of plan as you move from one thought to another. We'll talk about how to put your paper together so that the reader may follow your thoughts easily.

Winning Essays for Scholarships and Graduate School Admission

When: Monday, April 6th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Michael Alexander, Writing Center Consultant (708) 235-7337

Are you thinking about applying for a scholarship? Need to write an essay for admission to graduate school? Boost your chances with a winning essay. Showcase your strengths and talents so the selection committee will be certain that you are the best choice. This workshop will offer the “dos and don’ts” for writing a good essay, help you develop a plan, and provide sources for further one-on-one help during the process.

The APA Research Paper Workshop Series: How to Use Your Sources without Plagiarizing

When: Monday, April 6th, from 6:00 p.m. - 7:00 p.m.

Location: Academic Resource Center B1215

Contact: Gina Kelly, Writing Center Consultant (708) 235-7337

This workshop will show you how to paraphrase your sources so that you don’t plagiarize, as well as show you how to credit each source properly. Included will be discussion of plagiarism and ways to make absolutely certain that you avoid it, and the easiest way to properly format your Reference Page.

Spring Internship Information Session

When: Tuesday, April 7, 2015 from 3:00 p.m. – 4:00 p.m.

Location: TBD

Contact: Cynthia Staples at cstaples@govst.edu

The 2015 Spring Internship Information Session is designed to assist students who are new or potential internship candidates to prepare for the professional world of work and the expectations to meet and exceed to be a highly competent intern. Internship search strategies are also discussed as well as what the student should expect in return from an employer. Students can also find this a timely workshop to help them prepare for the upcoming Spring Career fair.

Writing Strong Discussion Board Posts, Reflections, Critical Reviews, and Essays

When: Tuesday, April 7th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: April Moran, Writing Center Consultant (708) 235-7337

Boost the power of your more “informal” class writing with this workshop. Discussions of the resources available, plans for approaching the writing, and ways to power them up will lead to making your contributions really count.

Developing Your Ideas

When: Wednesday, April 8th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Too much information? Your reader will be bored. Not enough? Your reader will be confused. Learn how to develop your writing so that you give your reader just the right amount of information.

Winning Essays for Scholarships and Graduate School Admission

When: Monday, April 13th, from 3:00 p.m. - 4:00 p.m.

Location: Academic Resource Center, B1215

Contact: Michael Alexander, Writing Center Consultant (708) 235-7337

Are you thinking about applying for a scholarship? Need to write an essay for admission to graduate school? Boost your chances with a winning essay. Showcase your strengths and talents so the selection committee will be certain that you are the best choice. This workshop will offer the “dos and don’ts” for writing a good essay, help you develop a plan, and provide sources for further one-on-one help during the process.

2015 Spring Career and Internship Fair

When: Thursday, April 16, 2015 from 2:00 p.m. – 5:00 p.m.

Location: Halls of Governors and the Center for Performing Arts lobbies

Contact: Cynthia Staples at cstaples@govst.edu

The 2015 Spring Career and Internship fair is designed for potential employers to recruit students, alumni, and community members to fill vacant internship and job openings in a variety of fields. Majors represented will include those in the areas of Business, Communications, and technology as well as in public sectors such as Addictions and Public Administration students.

The APA Research Paper Workshop Series: Finishing Touches

When: Monday, April 20th, from 6:00 p.m. - 7:00 p.m.

Location: Academic Resource Center B1215

Contact: Gina Kelly, Writing Center Consultant (708) 235-7337

Almost finished with your research paper, but not quite? This workshop will show you what to look for to make certain that you submit a winning paper; an editing checklist to show you what to look for and resources to provide knowledgeable revision suggestions will be offered.

Finding Your Focus

When: Wednesday, April 22th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Sometimes getting started with your paper is the hardest part; we offer tips for analyzing your assignment so that you are heading in the right direction, discuss brain-storming ideas, and helping you determine the significance of your ideas.

It’s Not Over, It’s Just Beginning

When: Thursday, April 23rd, from 3:30 p.m. - 4:30 p.m.

Location: A2150

Contact: SEP at Ext. 2845 or sep@govst.edu

Participants will identify ways to finish strong and share strategies for success to encourage others as the semester ends and prepare for the next.

Finishing Touches

When: Wednesday, April 29th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Wait! Don’t turn that paper in yet! We can offer editing and proofreading tips that will take your final version from just ok to excellent.

May

Organizing Your Paper

When: Wednesday, May 6th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center, B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Whether you call it “flow”, coherence, or logical order, your writing needs to follow some sort of plan as you move from one thought to another. We’ll talk about how to put your paper together so that the reader may follow your thoughts easily.

Developing Your Ideas

When: Wednesday, May 13th, from 11:00 a.m. - 12:00 p.m.

Location: Academic Resource Center B1215

Contact: Danielle Gilmore, Writing Center Consultant (708) 235-7337

Too much information? Your reader will be bored. Not enough? Your reader will be confused. Learn how to develop your writing so that you give your reader just the right amount of information.